



PSHE Long-term plan

Kapow Primary's PSHE scheme of work has been designed as a spiral curriculum with the following key principles in mind:

- ✓ Cyclical: Pupils revisit the five key areas throughout KS1 and KS2.
- ✓ Increasing depth: Each time a key area is revisited, it is covered with greater depth and increasing maturity.
- ✓ Prior knowledge: Upon returning to each key area, prior knowledge is utilised so pupils can build on previous foundations, rather than starting again.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y1/ 2	Families and Relationships	Families and Relationships Health and Well-being	Health and Well-being Safety and the changing body	Safety (removing KAPOWs RSE aspects) Citizenship	Citizenship	Economic well-being RSHE week Journey in Love programme Transition
Y3/4	Families and Relationships	Families and Relationships Health and Well-being	Health and Well-being Safety (removing KAPOWs RSE aspects)	Safety (removing KAPOWs RSE aspects) Citizenship	Citizenship Economic well-being	Economic well-being RSHE week Journey in Love programme
Y5/6	Families and Relationships	Families and Relationships Health and Well-being	Health and Well-being Safety (removing KAPOWs RSE aspects)	Citizenship	Economic well-being	RSHE week Journey in Love programme Year 6 – Identify Transition