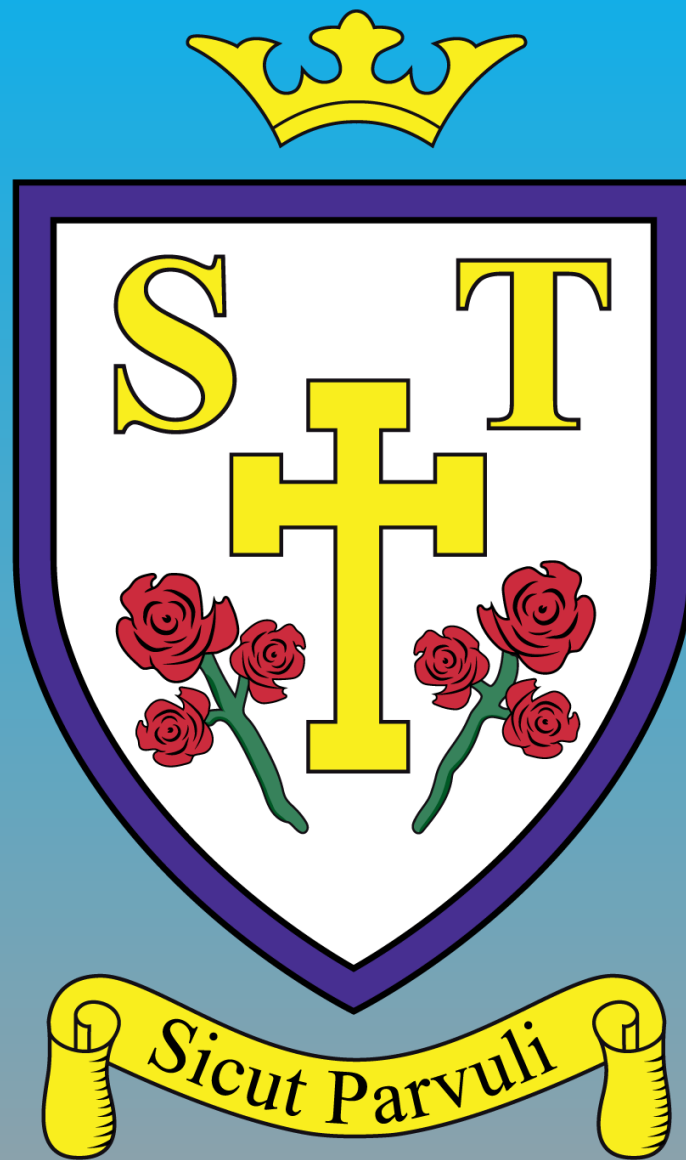




St Teresa's Catholic
Life newsletter

Our Live Simply Journey 2023-2024



St Teresa's
Catholic Primary
School



We are working really hard with our live simply journey. We created an action plan with nine actions to undertake throughout the year to help us live simply, live sustainably and to live in solidarity with the world's poorest people.

Read some of the things our children have said about these themes:

Living Simply means living like Jesus.

Spending quiet time in nature or in prayer.

Being grateful for all we have instead of always wanting more.

Spending time in nature, appreciating God's beautiful Creation.

Spending quality time with other people.

Living sustainably means looking after our world and remembering it is for everyone.

Living in solidarity means seeing everyone in the world as part of one big family.

We will keep you updated on our journey!

Catholic Social Teaching The Principles		
 Everyone is special Human Dignity	 Thinking of everyone The Common Good	 Taking part Participation
 Everyone should have a say Subsidiarity	 Caring for God's gifts Stewardship	 Showing we care Solidarity
 Putting people most in need first Preferential Option for the Poor	 Sharing fairly Distributive Justice	 Being peacemakers Promoting peace

During December our school welcomed CAFOD workers to help us understand Catholic Social teaching and how this can be reflected in our lives.

Catholic Social Teaching is founded in Scripture and includes statements and letters written by Church leaders. It offers wisdom and insights on living the Gospel in today's world. Jesus tells us to love God and to love our neighbours, especially our sisters and brothers living in poverty. We use Catholic Social Teaching principles to guide us.



In December we welcomed John from Penwortham foodbank to our assembly where he talked to us about the vital work of the foodbank in serving families in Penwortham. The Mini Vinnies used his assembly to launch our annual foodbank appeal. Thanks to the amazing generosity of our St Teresa's families we delivered over 400 food items which massively helped families in need in the run up to Christmas.





Our Mini Vinnies made us proud as they sang their hearts out to the residents of Priory Park Care home before Christmas. This was such a wonderful opportunity for the Mini Vinnies to really see their kind actions making a difference in our community.

