



St Teresa's Catholic Primary School

www.st-teresas-penwortham.lancs.sch.uk

'Christ be in our heads, in our hearts and in our hands'

Weekly Newsletter

Friday 27th February 2026

Head Teacher Letter

Dear Parents

We have enjoyed a wonderful first week back following the half-term break. Throughout the week, our worship has focused on the season of Lent, encouraging children to reflect on their own Lenten promises and think about how they can show kindness, perseverance and thoughtfulness during this special time.



On Wednesday, our Year 3 pupils took part in a very exciting visit to Burnley Youth Theatre, where they met children from our twin school, Bradley Primary School. The day was a truly memorable experience. The day began with warm introductions, with pupils greeting one another using different handshakes, gestures and expressive movements to help build confidence and connection.

The children were then placed into teams and took part in a range of activities and role-play tasks. Each school was asked to choose a special place within their school and an important event and together the pupils created a movement sequence inspired by these ideas. They rehearsed to music and performed their final pieces at the end of the workshop.

All of the pupils were fantastic - enthusiastic, creative, and supportive of one another. It was wonderful to see new friendships forming and the children represented our school beautifully.



Jillian Holmes

General News

- ❖ Prayer and Liturgy Theme Next Week: The Transfiguration
- ❖ Letters home this week: Y1 Multi Skills Confirmation of Place; Y1 Multi Skills Registration Closed; Y6 Leavers Hoodies; Summer Toast 2026; Parent Workshop - Sensory Needs & Managing Dysregulation at Home; Y5/6 Cross Country Event; CAFOD Big Lent Walk; Y2 Synagogue Visit; Y1 Imagine That Trip; 2026 September Y6 (Current Y5) Towerwood; RSHE Update- Miss Wright; School Dinners; Reception Multi Sports with Prime Sports; Y5/6 Dance Competition Information.

Parking at drop off and pick up

We kindly ask for your cooperation in ensuring the safety of all children and families by adhering to the following guidelines when dropping off or picking up your child:

- ❖ Please do not park on the double yellow lines on Stanley Grove. These restrictions are in place to maintain clear visibility and safe passage for pedestrians, cyclists, and other vehicles. Parking on these lines can create hazards, particularly for our young children.
- ❖ Please do not park on the corners of the road around the school as local residents have complained they cannot get passed, especially when they have strollers.
- ❖ Drive carefully and be mindful of your speed when navigating the area around the school, especially during busy drop-off and pick-up times. There are many children and families crossing the roads, and extra caution is vital to avoid accidents.

School Dinners

Our new summer term lunch menu will be published in the next few weeks and will begin on **Monday 20th April**, when we return from the Easter break. Please make sure that you do not have any meal choices booked beyond this date under the current menu, as these will no longer be valid once the new menu starts. If you pay for your child's school dinners, please clear any outstanding balances and ensure sufficient funds are available in your SCOPAY account ready for ordering. Please also note that the price of a school lunch will increase from **£2.90 to £3.00** from 20th April. Thank you for your cooperation.

[Please click here to view the latest Online Safety Newsletter](#)

Online safety

After school clubs

After school clubs finish at 4.20pm. To ensure the safeguarding of all children, parents must wait at the bottom of the steps outside the main school entrance for their child.

Wednesday Y5/6 Dance Competition Club (4:40pm Finish)

Thursday Y5/6 Dance Competition Club FINAL REHEARSAL (4:40pm Finish)

Friday Y1 SR Multi Skills

Mini Vinnies

Lord,

Thank you for all that we have that others don't have access to like fresh water, fresh food and a good education.

Thank you for our friends, family and other people we are close to.

We praise you for making Jesus a part of our lives.

We ask for a better world with no litter and world peace.

Amen.

Written by Alex and Amaya

Attendance Update

Whole-School Attendance

This Week: 97.6%

Current academic year overall attendance: 96.6%

Target academic year overall attendance 97%

Let's keep up the great effort together!

PTFA News



Dates for the diary

Week 3 Lunches w/c Monday 3rd March 2026

Thursday 5 th March	8:30am	Y4 Swimming
	10:00am	Reception St Martha Class Mass in Church
Friday 6 th March	All Day	World Book Day
	9:30am	Tinies Morning Session
	1:30pm	Tinies Afternoon Session

Schools calendar can be found here:

<https://www.st-teresas-penwortham.lancs.sch.uk/special/google-calendar/>

Community & Parish Information

Weekend Mass Times:

St. Teresa's: 6:00pm (Saturday night) 9:30am (Sunday morning).

St. Mary Magdalen's: 11:00am (Sunday morning).

St. Oswald's: 5:00pm (Saturday night) 8:30am (Sunday morning).

Year 4 First Holy Communion

Year 4 parents, Please can you ensure that the First Holy Communion homework is returned to Father Ian as soon as possible.

If you are not able to attend any of the dates for Mass, please contact Father Ian to arrange an alternative date and collection of homework.

The next Mass at St Teresa's is 28th February 6pm, 1st March 9:30 or 1st march 11am at St Mary Magdalen's Church.



A down-to-earth workshop in a supportive setting

Learn about brain development, parenting styles, attachment, the impact of stress on both adults and children and how a trauma informed and therapeutic approach to parenting can have a positive impact on the whole family

No Jargon
We keep things simple and relatable

No Judgement
Share your experiences without fear of criticism

No Pressure
Join in the discussion as much or as little as you would like

Chorley Sweet Chilli Parenting Workshop Dates

Wednesday 10th June 2026 9:30 am - 2:30 pm
Wednesday 17th June 2026 9:30 am -12:30 pm
Wednesday 24th June 2026 9:30 am -12:30 pm
Wednesday 1st July 2026 9:30 am -12:30 pm

The sessions will take place at the Home-Start Central Lancashire offices, 112a Market Street, Chorley PR7 2SL
Access to the building is via the Fleet Street Car Park

If you would like to register for a place on the session, please call the office on 01257 241636 and ask to be added to the booking list.

Please be aware that **all sessions** must be completed, and we are unable to offer any childcare for the sessions.
Places are limited and will be allocated on a first-come first-served served

If you would like to hear about our future Sweet Chilli Parenting Workshops, please register via the QR code and we will then be able to send you the information when new sessions are released.





A down-to-earth workshop in a supportive setting

Learn about brain development, parenting styles, attachment, the impact of stress on both adults and children and how a trauma informed and therapeutic approach to parenting can have a positive impact on the whole family

No Jargon
We keep things simple and relatable

No Judgement
Share your experiences without fear of criticism

No Pressure
Join in the discussion as much or as little as you would like

Chorley Sweet Chilli Parenting Workshop Dates

Thursday 17th September 2026 9:30 am - 2:30 pm
Thursday 24th September 2026 9:30 am -12:30 pm
Thursday 1st October 2026 9:30 am -12:30 pm
Thursday 8th October 2026 9:30 am -12:30 pm

The sessions will take place at the Home-Start Central Lancashire offices, 112a Market Street, Chorley PR7 2SL
Access to the building is via the Fleet Street Car Park

If you would like to register for a place on the session, please call the office on 01257 241636 and ask to be added to the booking list.

Please be aware that **all sessions** must be completed, and we are unable to offer any childcare for the sessions.
Places are limited and will be allocated on a first-come first-served served

If you would like to hear about our future Sweet Chilli Parenting Workshops, please register via the QR code and we will then be able to send you the information when new sessions are released.





March 2026 Timetable

All sessions delivered live online via zoom, 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Improving Family Communication	2 Mar 10am
Autism - Improving Communication	2 Mar 7pm
Understanding Addictive Behaviour	3 Mar 10am
Supporting a Child with ADHD	3 Mar 7pm
Anxiety Based School Avoidance	9 Mar 10am
Understanding Anger	9 Mar 7pm
Supporting Healthy Screen Use	10 Mar 10am
Facing Defiance	10 Mar 7pm
Cannabis and Ketamine Awareness	16 Mar 10am
Anxiety Explained	16 Mar 7pm
Introduction to OCD	17 Mar 10am
What is ACT	17 Mar 7pm
Raising Self-Esteem	23 Mar 10am
Decreasing Depression	23 Mar 7pm
Supporting Healthy Sleep	24 Mar 10am
Understanding the Teenage Brain	24 Mar 7pm
FREE Anxiety Based School Avoidance	26 Mar 7-8pm

PARENT WORKSHOP

Supporting Sensory Needs and Managing Disregulation at Home

Wednesday, March 11

9 am - 10:30, in school

Run by Primary Mental Health Worker.
SENCO Anna Satloka available for support

Book a
place

