



St Teresa's Catholic Primary School

www.st-teresas-penwortham.lancs.sch.uk

'Christ be in our heads, in our hearts and in our hands'

Weekly Newsletter

Friday 9th January 2026

Head Teacher Letter

Dear Parents / Carers

We've had a wonderful start to the new year! Despite a few challenges with the boiler in the junior building, we've been able to keep the school fully open and all the classrooms warm. A big thank you for your patience while this is being sorted.

Before the Christmas holidays, our Lower Junior Carol Service took place and the collection raised an impressive £335. This will go towards supporting Bishop Habila's parishes in Nigeria. A huge thank you to everyone who contributed - your generosity will make a real difference!

On Tuesday, we held a special worship to celebrate the Feast of the Epiphany. During the worship, we explored the theme of "following the star" as we follow Jesus, and shining brightly, reflecting on the special gift of Jesus to the world. It was a wonderful opportunity for the children to think about how we can live out this message in our everyday lives.



We'll be sending information home in the coming weeks about Parents' Evenings and our new online booking system. In the meantime, here's a heads-up: the dates are Tuesday 10th February and Wednesday 11th February. Mid-year reports will be sent out on Friday 6th February, ahead of the Parents' Evenings.

Our Tinies Play Group started today, led by Mrs Webster. It was wonderful to meet all the new children who will hopefully be joining St. Teresa's in September. The children had a lovely time exploring the activities, playing together and settling into the space.

We're looking forward to another fantastic term of learning and fun!

Have a lovely weekend!

Jillian Holmes

General News

- ❖ Prayer and Liturgy Theme Next Week: The Baptism of the Lord
- ❖ Letters home this week: Athletics Club Confirmation Y5&6, Y2 SR Football Confirmation; Holiday List 2026-2027; Y6 SATs Meeting; First Reconciliation & First Holy Communion Programme 2026; Heating issue KS2.
- ❖ Primary online admissions are now open.

The deadline for applying for a school place for Primary admissions is **15/1/2026**. Please note that you still need to complete the school supplementary form in addition to the online application. St Teresa's supplementary forms are available from our school office or can be found on our website and need to be returned along with a copy of your child's Baptismal Certificate. www.lancashire.gov.uk/schools

- ❖ Please may we ask that any school uniform borrowed is returned once it has been washed, and if you have any spare boys' trousers or jogging bottoms that are no longer needed and you wish to donate, please drop them off at the school office. Thank you.

Parking at drop off and pick up

We kindly ask for your cooperation in ensuring the safety of all children and families by adhering to the following guidelines when dropping off or picking up your child:

- ❖ Please do not park on the double yellow lines on Stanley Grove. These restrictions are in place to maintain clear visibility and safe passage for pedestrians, cyclists, and other vehicles. Parking on these lines can create hazards, particularly for our young children.
- ❖ Please do not park on the corners of the road around the school as local residents have complained they cannot get passed, especially when they have strollers.
- ❖ Drive carefully and be mindful of your speed when navigating the area around the school, especially during busy drop-off and pick-up times. There are many children and families crossing the roads, and extra caution is vital to avoid accidents.

Stars of the week

These pupils will receive their awards at the Award Assembly on Friday 16th January at 9.00am.

RM : R Birchall

3J : A Burns

R/1C : N McKeever

3/4E : T Smalldon

1/2V : R Ashworth

4A : J Mann

2B : S Crowley

5A : C Myerscough

6I : G Graziani

FS/KS1 **St. Teresa's Role Model**
A McCann

KS 2 **St. Teresa's Role Model**
J Holden

Online safety

[Please click here to view the latest Online Safety Newsletter](#)

After school clubs

After school clubs finish at 4.20pm. To ensure the safeguarding of all children, parents must wait at the bottom of the steps outside the main school entrance for their child.

Monday Y5/6 Girls Athletics with Prime Sports

Wednesday Y5/6 Dance Club

Thursday Y5/6 Boys Athletics with Prime Sports

Friday Y2 SR Football

Sports news

Sports Kits

Please return any school sports kit to us as soon as possible so we can complete our full sets and ensure everything is ready for future use.

Thank you for your support!

Mini Vinnies

Lord, thank you for everything we have today. We pray for those who don't have what we have but need it more than us. We are grateful for our family, friends and neighbours, and promise to show respect to others. There are people in the world that do not have the things that we need yet, but we still ask for things we don't need.

Written by Olivia and Alex

Attendance Update

Whole-School Attendance

This Week: 98.1%

Current academic year overall attendance: 96.5%

Our target for overall attendance: 97%

Let's keep up the great effort together!

Dates for the diary

Week 2 lunches w/c 12th January

Tuesday 13th 5:00pm Y6 SATS Meeting
January

Thursday 15th 7:50am Young Voices
January 8:30am Y4 Swimming

Friday 16th 9:00am Award Assembly
January 9:30am Tinies Morning Session
1:30pm Tinies Afternoon Session

Schools calendar can be found here:

<https://www.st-teresas-penwortham.lancs.sch.uk/special/google-calendar/>

Community & Parish Information

Weekend Mass Times:

St. Teresa's: 6:00pm (Saturday night) 9:30am (Sunday morning).

St. Mary Magdalen's: 11:00am (Sunday morning).

St. Oswald's: 5:00pm (Saturday night) 8:30am (Sunday morning).

0-5 years old

Infant Massage
Suitable for babies from 6 weeks to crawling, these sessions support your baby's development and strengthen your attachment.

Baby and You
A fun and stimulating group that encourages positive play and interaction with your baby. Suitable for babies from birth to pre-walking stage.

Chat, Play and Read
A group for children under 5, which supports speech, language development, and listening skills in a fun and interactive way.

Development Matters
A wonderful session for children under 5 to learn, play, and make friends. It offers stimulating indoor and outdoor activities.

Mini Move and Groove
Develop social skills and make friends in this fun and upbeat group which encourages physical activity and a healthy lifestyle. For children under 5.

Transitions
Supporting children's development through learning, creative play and exploration as they prepare for early years provision or primary school.

6-11 years old

Inside Out
A group to build confidence, self-esteem, and friendships through creative and physical activities. Promotes physical play and a healthy lifestyle whilst building social skills and having fun.

Colourful Footsteps
A safe space for children with physical, learning, behavioural, or emotional difficulties to gain confidence, self-expression and make new friends.

Moving on
For children moving from primary to secondary school, this session uses interactive activities to help them prepare both practically and emotionally.

Parenting and Family Support – Parents and Carers

Bump, Birth and Beyond
A comprehensive course supporting expectant parents in preparing for their baby's arrival. Delivered in partnership with midwives and health visitors.

Triple P
An evidence-based approach to support children's development and address behavioural concerns. Triple P Group - 2-11 years old, Triple P Teen and Stepping Stones - for parents or carers who have children with a disability or additional needs up to 12 years old. Focuses on building strong, trusting relationships and promoting emotional wellbeing through self-awareness, empathy, realistic expectations, and positive discipline.

Nurture Programme
Empowers parents and carers to understand and manage conflict through effective, constructive communication. This programme is for women who have experienced domestic abuse from a partner or family member. It helps you recognise abusive behaviours, and understand healthy relationships in a relaxed, informal setting.

Positive Relationships: Stronger Families
For women who have experienced domestic abuse. Offers support in recognising abusive behaviours, understanding healthy relationships, and connecting with others in a safe, supportive environment - call for more information.

Targeted Youth Support 12-19 (25 SEND)

SEND
The group aims to work on life skills, improving communication skills, self-confidence & self-esteem in a group work setting.

Safe Spaces
Safe space for young people to hang out with friends and opportunities to participate in a variety of activities.

LBGTQ+
Access this group to obtain support, discuss and challenge ideas around gender and identity.

Youth Council & Participation
Join and have your say. At this group you can join in with debates on issues in the local community and wider society. Creating campaigns for positive change.

Participation
Groups and services provided by our Family Hub Partners



Visit www.lancashire.gov.uk and search 'safer sleep for baby' for more information about the 'six steps' to safer sleep.



Useful Numbers

Childcare Funding	0300 1234097
Childline	0800 1111
Children's Services	0300 1236720
Citizens Advice Line	0800 1448848
Community Midwives	01257 245116
Food Bank South Ribble	01772 930405
Health Visitors	0300 247 0040 Opt 1
Medical Advice	111
Mind Matters	01772 773437
National Breastfeeding Helpline	0300 1000212
National Domestic Abuse	0808 2000247
NCT Feeding Support Helpline	0300 3300700
NHS Dentist helpline	0300 3301348
Royal Preston Hospital	01772 522972
The Wish Centre	0300 5610440
Tippy Toes Baby Bank	07852304225

What's On...

Welcome to our
South Ribble Family Hubs
What's On Guide.

January – March 2026



Please remember all our groups are free

#HAF26

Children and Family
**Wellbeing
Service**



What's On...

**South Ribble &
Family Wellbeing Service**
www.southribblefamilyhub@lancashire.gov.uk
www.lancashire.gov.uk/events
January - March 2026



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
West Paddock Family Hub & the Zone West Paddock, Leyland Preston PR25 1HR 01772 532930 Youth Support 12 – 19 years old (25 with SEND)	9:30am – 11:00 am Story Corner 6:30pm – 8:30 pm UNITE (SEND Group)	9:30am – 11:30am Horizons (6/1/26 – 17/2/26) (3/3/26 – 7/4/26) 3:30pm – 4:30pm Warm & Welcome 4:30pm – 6pm Thrive 7 pm – 9pm POUT (LGBTQ+ Group)	9:30am – 11:30am One Stop Shop and SEND drop in (every 3 rd Wednesday of the month) 1pm – 3pm Nurture Parenting (Bookable parenting course) 7pm – 9pm Youth Council	9:30am – 10:30am Magical Moments Colourful Footsteps 1:30pm – 3:00pm Baby & You Sensory 5:30pm – 7:30pm Bump, Birth & Beyond (8/1 & 15/1) (2/4 & 9/4)	9:15am – 11:30am Weigh, Stay & Play (Limited to 20 spaces) NEW SATURDAY GROUP 9:30am – 11am Fortnightly Colourful Footsteps Starting 10/1/26 7pm – 9pm Safe Space & Detached Work
Walton-le-Dale Family Hub Brindle Road, Bamber Bridge Preston PR5 6YJ 01772 532930	1pm – 2:30pm Baby & You Sensory 1pm – 3pm Baby & You Sensory with drop in Weigh session (Every other Monday, from 5/1/26 limited to 15 spaces)			9:30am – 11am Story Corner	
Kingsfold Family Centre Martinfield Road, Penwortham Preston PR1 9HJ 01772 532930	9:30am – 11am Mini Move & Groove 1pm – 3pm Riding the Rapids (Bookable parenting course)	9:30am – 11am Baby & You 9:30am – 11:30am Baby & You with drop in weigh session (Every other Tuesday, from 13/1/26 limited to 15 places)	1:30pm – 2:30pm Babbling Babies (0 – 18 months)	 Follow us on for all up to date information	
Wade Hall Family Centre 75 Royal Avenue, Leyland Preston PR25 1BX 01772 532930			1:30pm - 2:30pm Chat, Play Read (Referral only)		
	9:30am – 11:00am Beehive Development Matters St Aidan's Church Station Road PR5 6QR				9:30am – 11:30am Beehive Baby & You Development Matters New Day Church Ward Street PR5 5NR

